



Heritage & Purpose



Hair & Beauty Menu

Our mission is to ensure guests receive the 'Q'uintessential experience in a friendly and professional atmosphere. We aim to provide a welcoming and nurturing environment for all our team members encouraging growth, happiness and personal development.



Q Hair & Beauty Ltd provides a high quality service. The team are passionate about what they do and are committed to you enjoying the 'Q' experience in our beautiful home.



Anthony and Managing Director,
Dawn Lawrence

Anthony, owner of the salon began hairdressing aged 14 and continued to compete and demonstrate for almost 30 years nationally and internationally, he established his first salon in Chichester in the 1970's before opening Q at 37 North Street.

A listed building, and former school, 37 North Street was built in 1820, it retains its historic atmosphere despite a fire in the 1980s and all interior work carried out since then has been sympathetically designed to incorporate the original architectural and structural features.

Excellent standards of training and acquiring customer skills are an important part of the team's philosophy. Through our passion for improvement Q now offers a range of services provided by a growing team over five floors.

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www.qhairandbeauty.co.uk

HAIR

	Salon Owner	Creative Director	Senior Artistic Director
Cut & Finish	£70 / £65	£62	£56
Mens Cut & Finish	£43	£42	£38
Blowdry	£39	£36	£34
Full Head Foils	-	£80	£80
Half Head Foils	-	£58	£58
Semi Permanent Colour	-	£43	£43
Permanent Colour	-	-	£49
Bespoke Colour Placement	-	£59	£59
Heavenly Henna	-	-	-
Luxury Perming	-	£68	£68
SOS Colour Remover	-	£25 / £40	£25 / £40
Under 8 Dry cut	-	-	-
Under 12 Cut & Finish	-	-	-

OTHER SERVICES

Packet Collection (12 Packets)	£21
Additional Colour	£10
Toner	£15
Standby	<i>From</i> £20
Olaplex	£20

Model

Cut	£18
Highlights	£47
Permanent Colour	£26
Semi Permanent	£19
Perming	£34

Artistic Director	Director	Senior Designer	Designer	Senior Stylist	Graduate Stylist
£52	£46	£40	£36	£31	£26
£34	£32	£29	£26	£22	£20
£30	£28	£24	£23	£20	£19
£80	£80	£74	£74	£68	£68
£58	£58	£54	£54	£48	£48
£43	£43	£30	£30	£25	£25
£49	£49	£36	£36	£31	£31
£59	£59	£59	£59	-	-
-	-	£36	£36	£36	£36
£68	£68	£60	£60	£55	£55
£25 / £40	£25 / £40	£25 / £40	£25 / £40	-	-
-	-	-	-	£9	£9
-	-	-	-	£13	£13

TREATMENTS

Milk Shake Natural Care Mask	£6
Paul Mitchell Washhouse (Inc Take Home)	£13
Moroccan Oil Mask (Inc Take Home)	£14
Awapuhi Wild Ginger Experience	£20

Keratin Smoothing Treatment

Please ask our reservations team for further details and prices.

NB. Skin tests must be carried out at least 48 hours before any colour services. No colour service will be carried out without a valid skin test

Appointment Cancellation & No Shows

We ask you to give 24 hours notice for cancellations otherwise you will incur a 50% charge.



Clarins Facial Treatments

TRI-ACTIVE FACIALS - £55

Powered by CLARINSPRO formulas

Appointment Time - 1hr 20 mins - Treatment Time - 1hr 10 mins

The Super Restorative Facial

Provides intensive nourishment and hydration to reactivate the plump peachy smooth luminosity of youthful looking skin. Contouring and detoxifying massage restores definition, brightens features and minimises the appearance of age spots. The ultimate wake up call for mature skin.

The Lifting Line Smoother

As skin is retextured and its youth giving renewal process intensively energised, it instantly becomes smoother and firmer, leaving it looking refreshed and rested. Just like a week away.

The Radiance Reviver

Dull, tired, stressed skin is intensively detoxified and recharged with a cocktail of antioxidants and super revitalising plant extracts which restore health and radiance. Think multi vitamins for the skin.

The Moisture Replenisher

Intensively replenishes depleted moisture levels in dry, dehydrated skin which immediately restores softness, suppleness, comfort and radiance. An oasis in the desert that is parched skin.

The Skin Healer

Sensitive skin is immediately and intensively soothed, calmed and repaired to restore softness, suppleness, comfort and radiance. A cooling, healing hand.

The Detox and Shine Stopper

Intesively purify skin, rebalances oil production, tightens and refines pores so oily, combination and even shiny complexions becomes clearer, smoother, softer and more matte. A fresh start with a shine free finish.

AROMATIC FACIALS

Clarins Aromatic Balancer

£42.00

Appointment Time - 1hr - Treatment Time - 50 mins

Oily, congested, dry and dull, dehydrated, sensitive... whatever your skin condition, this customised treatment will rebalance and coax it back to blooming.

Clarins Age Defying Eye Treatment

£30.00

Appointment Time - 40 mins - Treatment Time - 30 mins

Intensively replenishes the delicate eye area visibly reducing fine lines and wrinkles revealing more youthful-looking eyes from temple to temple. A complete anti-ageing treatment for bright and beautiful eyes.

Clarins Treatments

TRI-ACTIVE BODY TREATMENTS - £55

Powered by CLARINSPRO formulas

Appointment Time - 1hr 20 mins - Treatment Time - 1hr 10 mins

The Moisture Quencher

Restores extreme softness, suppleness and comfort to parched or dry with a smoothing exfoliation and over an hour of moisture replenishing and cocooning massage and a deeply nourishing body mask. For a body that gleams like satin and is velvet to the touch.

The Body Lift Sculptor

Intensively streamlines body contours with skin refining exfoliation, over an hour of detoxifying and sculpting massage and a super shaping body mask. A pampering shortcut to a body that is svelte, toned and silky smooth.

The Firming Age Corrector

Restores youthful firmness, smoothness and luminosity with skin refining exfoliation, over an hour of revitalising and toning massage and an intensive firming body mask. Think of this as an all in one body youth boost.

The Sun Glow

£40.00

Appointment time - 1hr 10 mins - Treatment time - 1hr

The ultimate self tanning treatment for face and body with skin smoothing exfoliation, a deeply pampering application of an award winning self tanner and an all over gorgeous, long lasting, golden colour that looks as natural in the winter as in the summer. You can even get dressed immediately.

EXPRESS TREATMENTS

The Energising Back, Neck & Scalp Massage

£34.00

Appointment Time - 45 mins - Treatment Time - 35 mins

A detoxifying and decongesting back cleanse restores fresh, blemish free skin while 25 minutes of deep tissue massage melts away tension and soothes tired muscles. The perfect post exercise pick me up.

The Body Polisher

£34.00

Appointment Time - 45 mins - Treatment Time - 35 mins

Intensive double exfoliation deep cleaned and retextures skin for a body that is super soft, supple and smooth. It also helps minimise dark spots and stretch marks so skin looks fresher, brighter and more evenly toned. The final touch is a deeply conditioning application of body lotion.

Clarins Body Massages

Rebalancing Massage

£44.00

Appointment Time - 1hr 20 mins - Treatment Time - 1hr 10 mins

Relax Essential Oils

This deeply relaxing, rhythmic full body massage releases even long standing knots and tensions within the deeper muscle layers, using a bespoke sequence of slower movement and pressure point techniques. The relaxation is intensified with an essential oil blend rich in deeply soothing Basil, Camomile and Petit Grain.

Tonic Essential Oils

Using a bespoke sequence of more energising movements and pressure point techniques, this deep and rhythmic full body massage not only releases muscular knots and tensions but restores vitality and flagging energy levels. The effect is intensified with an essential oil blend rich in invigorating Rosemary, Mint and Rosewood.

Melting Honey Hot Stone Massage

£45.00

With Relax Honey Massage Gel

Appointment Time - 1hr - Treatment Time - 50 mins

A deeply relaxing and uniquely personalised hot stone massage that gently releases tension, soothes aching muscles, eliminated toxins and calms mind and body. The secret is in the intuitive way the therapist uses her hands in harmony with 9 smooth, individually shaped heat releasing marble and slate stones. Intensified by a melting honey massage gel, rich in relaxing aromatic essential oils

Mother-to-be and New Mother Treatment

£40.00

Pampering Face and Body Treatment

Appointment time - 1hr 10 mins - Treatment time - 1hr

Pure indulgence for face and body. This luxurious treatment is adapted to pre and post natal stages of pregnancy and to how you look and feel ie, eases back ache, fluid retention, stress, fatigue and tired legs, as well as improving skin tone and elasticity. Afterwards, you will feel energised and wonderfully relaxed, with baby soft skin.

Clarins Make Up

Make-Up One-to-One

£24.00

Appointment time - 45 mins - Treatment time - 40 mins

Trying different colours and application techniques under expert guidance will help you achieve a fresh and flattering new look. whether you want a whole new make up look or ideas for a special occasion, prepare to be inspired.

Make-Up To Go

£20.00

Appointment Time - 30 mins - Treatment Time - 25 mins

Book in for an express make-over where you choose the shades from our latest colour collections and head back to work or out for an evening looking gorgeous.



Beauty Treatment List

Q Beauty Treatments

FACIALS

Purifying Facial and Back Treatment £40.00

Appointment Time - 1hr - Treatment Time - 50 mins

For men and women with oily skin and blemish problems.

Mini Facial £26.00

Appointment time - 30 mins - Treatment time - 20 mins

Suitable for women on the go. Includes cleanse, exfoliate, facial mask and moisturise.

Extra Relaxing Facial £48.00

Appointment Time - 1hr 30 mins - Treatment Time - 1hr 20 mins

includes full facial and a 30 min back massage, with an optional light make up to finish.

MASSAGE

Back, Neck & Shoulder Massage £21.00

Appointment Time - 30 mins - Treatment Time - 20 mins

Full Body Massage £38.00

Appointment Time - 1hr - Treatment Time - 50 mins

Indian Head Massage £20.00

Appointment Time - 30 mins - Treatment Time - 20 mins

Ideal for the relief of tension, head aches, insomnia and promotes relaxation

Reflexology £33.00

Appointment Time - 1hr - Treatment Time - 50 mins

A massage to treat the reflex points in the feet and balance energy levels within the body

Back, Neck & Shoulder Hot Stone Massage £27.00

Appointment Time - 45 mins

Treatment Time - 35 mins

PACKAGES

The Diary Date £69.00

Appointment Time - 2hr 15 mins - Treatment Time - 2hrs 5 mins

The good grooming priority tailored for hectic lifestyles includes: mini facial, make-up to go, half leg wax, tint test, eyelash tint & manicure.

Holiday Countdown £80.00

Appointment Time - 2hr 45 mins - Treatment Time - 2hr 35 mins

The perfect pre-holiday appointment. Includes: mini facial, half leg wax, bikini line, underarm, eyebrow shape, manicure & pedicure.

Upgrades available

WAXING

For temporary removal of unwanted hair we are proud of our hygienic practise reputation the PHD waxing system meets all the criteria that we demand - clean, hygienic and effective with the use of disposable applicators.

Full Leg	£27.00
Full Leg With Bikini	£31.00
3/4 leg	£22.00
Half Leg	£16.00
Half Leg - knee to bikini	£19.00
Bikini Line	£10.00
Underarm	£10.00
Lip or Chin	£9.00
Lip and Chin	£10.00
Brazilian	£22.00
Hollywood	£26.00
Forearm	£12.00
Full arm	£15.00
Extended Bikini	£13.00

FOR YOUR EYES

Eyebrow Shaping	£10.00
Eyebrow Tinting	£9.00
Eyelash Tinting	£12.00
Eyebrow Shape & Tint	£15.00
Eyebrow & Eyelash Tint	£19.00
Eyelash Extensions	£60.00
Eyelash Extension Infills	£30.00

A test is required for eyelash and eyebrow tinting if it is a first visit to the salon or if you have not visited the salon in over 6 months.

BRIDAL PACKAGES

Each Package includes: Exclusive use of Courtyard salon, Bottle of Prosecco + Pastries, Disposable Camera and £10.00 upgrade to Champagne.

Queen Package -Bride Including Trial	£225.00
Bridesmaid/Guest Per Person	£52.00
Groom/Best Man Cut & Wet Shave Per Person	£30.00
Bouquet Package -Bridal Including Trial	£159.00
Bridesmaid/Guest Per Person	£36.00
Groom/Best Man Cut & Wet Shave Per Person	£30.00
Marquee Package -Bridal Including Trial	£120.00
Bridesmaid/Guest Per Person	£27.00
Groom/Best Man Cut & Wet Shave Per Person	£30.00
Clarins Bridal Make-Up	£53.00

Appointment time - 1hr - Treatment time - 50 mins

Bespoke, one-to-one full make up application with one of our Clarins specialists, choosing from the latest shades and colour collections. It really is all about you. Includes 1hr trial.

FOR YOUR HANDS

Manicure 45 mins	£21.00
Includes shape, cuticle work, massage and paint.	
Luxury Manicure 60 mins	£26.00
Includes shape, cuticle work, a moisturising hand mask, massage and paint.	
Reshape & Paint 30 mins	£14.00
Includes nail tidy and paint	

FOR YOUR FEET

Pedicure 55 mins	£24.00
Includes cuticle and hard skin work, exfoliation, massage and paint	
Gold Pedicure 65 mins	£32.00
Includes cuticle and hard skin work, exfoliation, a moisturising foot mask, massage and paint	
Reshape & Paint 30 mins	£14.00
Includes nail tidy and paint	

UPGRADES

OPI Gel/Shellac	£13.50
Mirror finish, no drying time can last up to 10 days	

REMOVALS

Shellac/Gel Removals 20 mins	£10.00
(Complimentary when having re-application)	

SPECIALIST TREATMENTS

St Tropez Full Body Spray Tan	£20.00
St. Tropez is the first choice of professionals and beginners the world over because every product is created to deliver a beautiful even tan, every time. The St. Tropez Spray Tan Treatment is the quickest way to get a professional finish. Delivered in around 15 minutes, the spray is quick drying and now features Aromaguard™ fragrance technology which eliminates the tell-tale self tan aroma by a minimum of 70%.	
Ear Piercing 30 mins	£19.50
Includes Piercing, earrings and after care solution. (Under 16s must be accompanied by parent or guardian)	

Appointment Cancellation & No Shows

We ask you to give 24 hours notice for cancellations otherwise you will incur a 50% charge.

Mens Grooming

Mens Wet Shave 45 mins £18.00

Enjoy a full hot towel service to open pores and soften skin, full shave with 100% single use disposable blades. Finish with a skin ph moisturiser and soothing lotion application, completed with Clarins after shave cologne.

Skin Blitz Facial 50 mins £36.00

Shaving bumps and irritation, stress and tiredness, greyness and congestion...Whatever life has put your skin through; this super relaxing facial will target and treat it. Your face will look and feel refreshed, healthy and smooth.

Express Facial 20 mins £24.00

For those on the go. Includes cleanse, exfoliate, facial mask and moisturise

Mens Reconditioning back + scalp Massage 35 mins £33.00

Stress, tension and anxiety melt away with this rejuvenating treatment, the back is cleansed and treated to a purifying mask. Followed by an intense back and neck massage.

St Tropez Full Body Spray Tan 30 mins £25.00

Clarins Men Muscle Ease Body Massage 50 mins £33.00

This invigorating massage eases stress related knots and muscular tension leaving you feeling rebalanced and refreshed.

Stress Buster 20 mins £19.00

Relax with this back, neck and shoulder massage.

Handsome Hands 20 mins £10.00

Includes nail tidy, cuticle work and hand massage.

Feet for Fitness 30 mins £14.00

Feet are soaked, nails filed and cuticles tidied before a foot scrub is applied to exfoliate and aid the removal of hard skin.

MENS WAXING

Back or Chest Wax 60 mins £32.00

45 mins £20.00

COLOURING FOR MEN

Shoeshine £12.00

Get this sophisticated dimension and natural looking colour you crave.

Flashback £25.00A

look that's blended or bold your stylist can create a bespoke look just for you.

Tailor Made High/Low Lights £25.00

Customised High/Low lights according to your preference and current style.

We are more than a Hair and Beauty Salon, we boast one of West Sussex's largest salon retail areas. We only stock professional products and offer a no quibble guarantee, if you don't like the product you bought, simply return it and exchange for any other product.



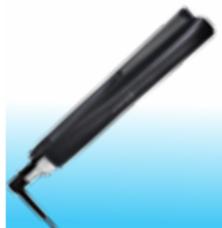
PAUL MITCHELL

Paul Mitchell currently produces over 100 products—from award-winning styling and care products to cutting-edge heat styling tools. The true professional when it comes to hair products.



MOROCCAN OIL

The innovation that started a revolution in hair care. Shampoo, Conditioner, the original Oil along with many conditioning and styling products. Salon-exclusive Moroccanoil is preferred by professionals and consumers alike.



GHD

ghd are now the technology leader with heat styling products, ground breaking stylers, mind blowing hairdryer, fully protective products as well as gorgeous limited editions throughout the year.



CLARINS

Clarins is the ultimate in luxury skin care, quality products with a less is more philosophy. Beauty innovation thanks to nature, the Clarins touch is one like no other.



NIOXIN

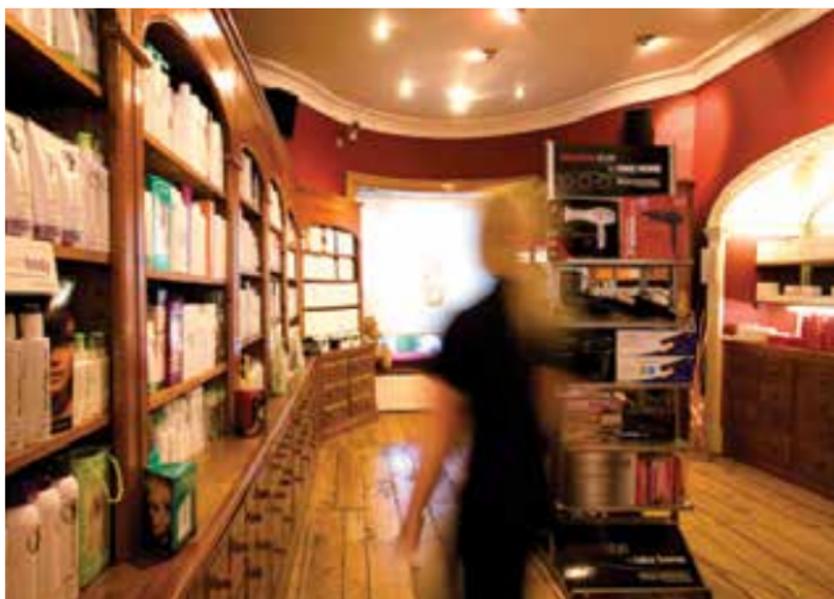
Nioxin is a specially developed hair care system to stimulate the hair follicle and improve thickness and hair growth. Nioxin uses advanced technologies to deliver thicker, fuller denser- looking hair.



OPI

OPI welcomes you to its world and invites you to come along on the ride and explore new and exciting destinations, BUCKLE UP!

HAIR & BEAUTY STORE



Homecare Products

A complete range of professional retail hair and beauty products are available in our retail area. Please ask your hairdresser or beauty therapist for advice and information about suitable products for you.

Salon Solutions to Take Home

Hairdressers who use and recommend Paul Mitchell® know how to help you look great and feel special. As well as providing a great in-salon service they can help you choose and use the right products for the best results at home.

Gifts & Vouchers

Add a personal touch, arrange a spa day or collection of treatments for a loved one. Please ask Reservations for details or gift vouchers.

Online Shopping available

Find all our premium professional brands online; speedy delivery or click and collect visit Qhairandbeauty.co.uk/shop

“Some people look for things that went wrong and try to fix them. I look for things that went right and try to build on them.”

Bob Stone

ACTIVITIES

Training School

Help train the next generation of Q Hairdressers. Designer cutting and styling on a budget with a Hairdresser in Training. Appointments available 9am - 6pm every Wednesday.

Tiger Club

We offer a training session for school students aged between 14 and 16. We teach them all aspects of hairdressing in a fun, working environment. We aim to train the students to a high standard with a view to offering full time apprenticeship when they reach school leaving age.

Guest Events

We regularly hold guest evenings showcasing new products and services. Team members and product representatives are here to help with any specific hair and beauty needs. Listen out for our upcoming events. Leave your email address to keep up to date. We NEVER pass it on.

Opening Hours

Monday	9.00am - 6.00pm
Tuesday	9.00am - 7.30pm
Wednesday	9.00am - 6.00pm
Thursday	7.30am - 7.30pm
Friday	7.30am - 7.30pm
Saturday	7.30am - 5.30pm
Sunday	10.00am - 4.00pm



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37 North Street, Chichester,
West Sussex, PO19 1LX
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E-mail: info@qhairandbeauty.co.uk
Text: 07584 309409
www.qhairandbeauty.co.uk

Prices from June 2015. All prices include VAT
Printed on re-cycled paper



LOOK OUT FOR:

- **TLC - Thursday Loves Colour**
30% off colour with a cut & finish
- **Over 60's Discount**
20% every Friday
- **Student Discount**
20% every Wednesday
- **Beauty Reward Points**
- **Online booking**
- **Clarins Reward Points**
- **Training School Day**
Designer cutting and styling on a budget
- **Hair & Beauty Store**
Stocking Paul Mitchell, Moroccan Oil, Nioxin, St Tropez, Tangle Teezer, Mavala, OPI, Clarins and the latest ghd models



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