



Q HAIR & BEAUTY

Established 1972



OUR MISSION IS TO ENSURE  
GUESTS RECEIVE THE  
'Q'UINTESSENTIAL EXPERIENCE IN  
A FRIENDLY AND PROFESSIONAL  
ATMOSPHERE. WE AIM TO PROVIDE  
A WELCOMING AND NURTURING  
ENVIRONMENT FOR ALL OUR  
TEAM MEMBERS, ENCOURAGING  
GROWTH, HAPPINESS AND  
PERSONAL DEVELOPMENT.

Q Hair and Beauty is renowned for  
quality, innovation and luxury. The team  
are passionate about our industry and  
are committed to you receiving the 'Q'  
experience at every visit.



Anthony, owner of the salon, began hairdressing in 1959 aged 14 and continued to build a career as a global hairdresser for thirty years. He established his first salon in Chichester in 1970 before opening Q at 37 North Street just two years later.

A listed building, and former school, 37 North Street was built in 1820. It retains its historic atmosphere despite a fire in the 1980s and all interior work carried out since then has been sympathetically designed to incorporate the original architectural and structural features.



## **ANTHONY BARNES-SMITH AND MANAGING DIRECTOR, DAWN LAWRENCE**

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2017 brought the opening of our first 'satellite salon' in the gorgeous market town of Midhurst set in the heart of the South Downs. Inspiration was drawn from the design of our Chichester salon to include natural sustainable wood and relaxing open space along with a sense of privacy and luxury.

In Autumn 2018 we welcomed Donnington to the Q brand, with a salon located in a quiet village setting a mile outside of Chichester. Once again natural, sustainable materials have been used throughout the build to ensure that the look and feel of Q is experienced the moment the door opens.

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**Appointment Cancellation and No Shows**

We ask you to give 24 hours' notice for cancellations otherwise you will incur a 50% charge.



HAIR SERVICES



# HAIR

	Creative Director	Senior Artistic Director	Artistic Director	Director
Cut and Blowdry	£67	£61	£57	£48.50
Stand-by*/Teen	£50	£45.50	£42.50	£36
Men's Cut	£44.50	£41.50	£37	£34
Blowdry	£39.50	£37	£33.50	£30
Full Head Highlights	£86	£86	£86	£86
Half Head Highlights	£63	£63	£63	£63
Semi/Demi Permanent Colour	£44.50	£44.50	£44.50	£44.50
Permanent Colour	-	£54	£54	£54
Bespoke Colour (Balayage, Ombre etc)	£70	£70	£70	£70
Luxury Perming	£72.50	£72.50	£72.50	£72.50
Children U8/U12	-	-	-	-

## ADDITIONAL SERVICES

Packet Collection (12 packets)	£22
Additional Colour	£10.50
Toner	£15.50
Olaplex	£21
Blowdry & Braid Bar	£10
Colour Removal	<i>By Quotation</i>

## TREATMENTS

Nioxin Colour Lock Treatment	£10
Paul Mitchell Wash House Experience	£13.50
Moroccan Oil Mask	£14.50
Awaphuhi Wild Ginger Experience	£21
Olaplex Stand Alone	£21

## KERA STRAIGHT HAIR SMOOTHING

KeraStraight - Short Hair (Above Shoulder)	£135
KeraStraight - Medium Hair (On Shoulder)	£160
KeraStraight - Long Hair (Collarbone & Below)	£186.50

Senior Designer	Designer	Stylist	Graduate Stylist	Year 2 Student	Year 1 Student
£43.50	£39.50	£34	£29	£18.50	£10.50
£32	£29	£25	£21.50	-	-
£31	£29	£24	£21.50	£10.50	£0
£26	£25	£23	£21	£10	£10
£80	£80	£72.50	£72.50	£40.50	£31
£58	£58	£52	£52	£40.50	£31
£31	£31	£26	£26	£19.50	£15.50
£39.50	£39.50	£34.50	£34.50	£27	£22.50
£65.50	£65.50	£65.50	-	-	-
£64	£64	£57	£57	£35.50	£31
-	-	-	£9.50/ 13.50	£9.50/ 13.50	£9.50/ 13.50

**NB.** Skin tests must be carried out at least 48 hours before any colour services. No colour service will be carried out without a valid skin test.

## BRIDAL PACKAGES

Each package includes: exclusive use of the Courtyard salon, a bottle of prosecco, pastries and disposable camera. £10 upgrade to champagne. (Prices based on experience)

### Queen package

Bride including trial	£238
Bridesmaid/guest per person	£56
Groom/best man cut	£40

### Bouquet package

Bridal including trial	£169
Bridesmaid/guest per person	£39.50
Groom/best man cut	£30

### Marquee package

Bridal including trial	£126.50
Bridesmaid/guest per person	£29
Groom/ best man cut	£23



CLARINS SERVICES



# CLARINS FACIAL TREATMENTS

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## SIGNATURE FACIALS

*Appointment time - 1hr 30m - Treatment Time - 1hr 10m* £60  
*Appointment time - 1hr 45m - Treatment Time - 1hr 30m* £70.50

(1 hr 40min appointments include a choice of either a 20 min back massage or a 20 min scalp and foot massage.)

*Powered by CLARINSPRO formulas*

Now more effective than ever with new techniques that come from over 60 years of expertise and knowledge of the skin

## ALTERNATIVE FACIAL TREATMENTS

**Aromatic Balancer** £45.50

*Appointment time - 1 hr - Treatment Time - 50 mins*

A luxurious rebalancing treatment with aromatherapy oils. Whatever your skin condition, this customised treatment will rebalance and coax it back to blooming.

**Face & Eyes Refresher** £36.50

*Appointment time - 45 mins - Treatment Time - 35 mins*

A targeted facial to restore a brighter more rested appearance. Targeting signs of tiredness and stress, the perfect antidote and a superb quick-fix after work or a late night.

**Age-Defying Eyes** £33

*Appointment time - 45 mins - Treatment Time - 30 mins*

A youth replenishing treatment for the eye contour area. A complete anti-ageing treatment for bright and beautiful eyes

## WELLNESS TREATMENTS

**Beauty Sleep** £60

*Appointment time - 1hr 30m - Treatment Time - 1hr 10m*

Just like a good night's sleep.

Feeling stressed, exhausted, lack of sleep? This calming journey for the skin, mind and senses induces a state of total relaxation. After the treatment you will look and feel rested, stress levels will be reduced and sleep quality will improve\*.

**Rise and Shine** £60

*Appointment time - 1hr 30m - Treatment Time - 1hr 10m*

Boost your mood and lift your spirits.

Lack of energy, feeling run down and stressed? This revitalizing treatment includes a stimulating body massage and a reviving facial to leave your skin radiant and dewy. You will feel recharged, invigorated and ready to take on the day (or the evening!) ahead.

# CLARINS TREATMENTS

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## SIGNATURE BODY TREATMENTS

Powered by CLARINSPRO formulas

*Appointment time - 1hr 30 mins - Treatment Time - 1 hr 10 mins*

### **Contour Shaper**

**£57**

An intensive treatment to sculpt and firm your body. Includes over an hour of contouring massage to deeply drain and firm for more refined body contours. A thermo-activated body mask boosts micro-circulation to target areas of stubborn and newly forming cellulite. Your skin will look and feel firm, soft and smooth.

*IMMEDIATELY After just one Contour Shaper Treatment see reductions of:*

AROUND THE THIGHS	0.42cm
AROUND THE KNEES	0.32cm
AROUND THE ANKLES	0.27cm

### **The Moisture Quencher**

**£57**

Restores extreme softness, suppleness and comfort to parched or dry skin. Using a blend of aromatic essential oils, this treatment includes over an hour of moisture replenishing and cocooning massage and a deeply hydrating body mask to restore comfort to dry, dehydrated skin. Your body will feel soft, smooth and velvet to the touch.

## EXPRESS TREATMENTS

### **The Energising Back, Neck and Scalp Massage**

**£35.50**

*Appointment Time - 45 mins - Treatment Time - 35 mins*

A detoxifying and decongesting back cleanse restores fresh, blemish free skin while 25 minutes of deep tissue massage melts away tension and soothes tired muscles. the perfect post exercise pick me up.

### **Skin Smoother**

**£35.50**

*Appointment Time - 45 mins - Treatment Time - 35 mins*

Intensive double exfoliation deep cleans and retextures skin for a body that is super soft, supple and smooth. It also helps minimise dark spots and stretch marks so skin looks fresher, brighter and more evenly toned. The final touch is a deeply conditioning application of body lotion.

# CLARINS BODY MASSAGES

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Clarins massages involve highly precise movements carried out by expert hands. This is combined with the effective action of exclusive skin care products which use the exceptional aromatic and physiotherapeutic powers of essential oils. For an unforgettable experience that brings pleasure to all the senses.

## **Rebalancing Massage**

**£50**

*Appointment Time - 1 hr 30 mins - Treatment Time - 1 hr 10 mins*

This deeply relaxing, rhythmic full body massage releases even long standing knots and tensions within the deeper muscle layers, using a bespoke sequence of slower movement and pressure point techniques.

## **Melting Hot Stone Massage**

**£60**

*Appointment time - 1hr 30 mins - Treatment Time - 1 hr 10 mins*

A deeply relaxing and uniquely personalised hot stone massage that gently releases tension, soothes aching muscles, eliminates toxins and calms mind and body. The secret is in the intuitive way the therapist uses her hands in harmony with 9 smooth, individually shared heat releasing marble and slate stones. Intensified by a melting honey massage gel, rich in relaxing aromatic essential oils.

## **Mother-to-be and New Mother Treatment**

**£41.50**

*Appointment time - 1 hr 15 mins - Treatment Time - 1 hr*

Pure indulgence for face and body. This luxurious treatment is adapted to pre and post natal stages of pregnancy and to how you look and feel ie, eases back ache, fluid retention, stress, fatigue and tired legs, as well as improving skin tone and elasticity. Afterwards, you will feel energised and wonderfully relaxed, with baby soft skin.

# CLARINS MAKE-UP

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## **Make-Up One-to-One**

**£25**

*Appointment time - 45 mins - Treatment Time - 40 mins*

Trying different colours and application techniques under expert guidance will help you achieve a fresh and flattering new look. Whether you want a whole new make up look or ideas for a special occasion, prepare to be inspired.



TRADEMARK  
TREATMENTS

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# TRADEMARK TREATMENTS

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## FACIALS

### **Purifying Facial and Back Treatment** £41.50

*Appointment time - 1hr - Treatment Time - 50 mins*

For men and women with oily skin and blemish problems.

### **Mini Facial** £27

*Appointment time - 30 mins - Treatment Time - 20 mins*

Suitable for women on the go. Includes cleanse, exfoliate, facial mask and moisturise.

### **Extra Relaxing Facial** £50

*Appointment time - 1 hr 30 mins - Treatment Time - 1 hr 20 mins*

Includes full facial and a 30-min back massage, with an optional light make-up to finish.

## MASSAGE

### **Back, Neck and Shoulder Massage** £23

*Appointment time - 30 mins - Treatment Time - 20 mins*

### **Full Body Massage** £40.50

*Appointment time - 1hr - Treatment Time - 50 mins*

### **Indian Head Massage** £23

*Appointment time - 30 mins - Treatment Time - 20 mins*

Ideal for the relief of tension, headaches, insomnia and promotes relaxation.

### **Reflexology** £36.50

*Appointment time - 1hr - Treatment Time - 50 mins*

A massage to treat the reflex points in the feet and balance energy levels within the body.

### **Back, Neck and Shoulder Hot Stone Massage** £30

*Appointment time - 45 mins - Treatment Time 35 mins*

## PACKAGES

### **The Diary Date** £74.50

*Appointment time - 2 hr 15 mins - Treatment Time - 2 hr 5 mins*

The good grooming priority tailored for hectic lifestyles includes: mini facial, make-up to go, half leg wax, eyelash tint & manicure.

### **Holiday Countdown** £86

*Appointment time - 2 hr 45 mins - Treatment Time - 2 hr 35 min*

The perfect pre-holiday appointment. Includes: mini facial, half leg wax, bikini line, underarm wax, eyebrow shape, manicure and pedicure.

UPGRADES AVAILABLE

## WAXING

For temporary removal of unwanted hair. We are proud of our hygienic practice reputation. Our waxing system is clean, hygienic and effective with the use of disposable applicators.

Full leg	<b>£29</b>	Full leg with bikini	<b>£33</b>
¾ leg	<b>£24</b>	Half leg	<b>£17.50</b>
Half leg and bikini	<b>£20.50</b>	Bikini line	<b>£11.50</b>
Underarm	<b>£11.50</b>	Lip or Chin	<b>£10.50</b>
Lip and chin	<b>£11.50</b>	Brazilian	<b>£24</b>
Hollywood	<b>£28</b>	Forearm	<b>£13.50</b>
Full arm	<b>£16.50</b>	Extended bikini	<b>£14.50</b>

## FOR YOUR EYES

Eyebrow shaping	<b>£10.50</b>	Eyebrow tinting	<b>£9.50</b>
Eyelash tinting	<b>£12.50</b>	Eyebrow shape & tint	<b>£15.50</b>
Eyebrow & eyelash tint	<b>£20</b>	Eyelash extensions	<b>£62</b>
Eyelash extension Infill	<b>£31</b>		

A test is required for eyelash and eyebrow tinting, as well as eyelash extensions, if it is a first visit to the salon or if you have not visited the salon in over 6 months.

## FOR YOUR HANDS

Reshape & paint - 30 mins	<b>£16.50</b>
Gel reshape & paint - 45 mins	<b>£30</b>
Manicure - 45 mins	<b>£24</b>
Gel manicure - 1 hr	<b>£37.50</b>
Gel removals	<b>£15.50 / £5.50 with re-application</b>

## FOR YOUR FEET

Reshape & paint - 30 mins	<b>£16.50</b>
Gel reshape & paint - 45 mins	<b>£30</b>
Pedicure - 1 hr	<b>£25</b>
Gel pedicure - 1 hr 15 mins	<b>£38.50</b>
Gel removals	<b>£15.50 / £5.50 with re-application</b>

### Ear Piercing

*Appointment Time - 30 mins*

Lobe piercing only, includes earrings & cleaning solution. Age 5+, under 16s must also be accompanied by a parent or guardian.

Standard metal	<b>£21.50</b>	Premium metals	<b>£31.50</b>
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## ADVANCED FACIALS

(available in Chichester only)

### Microdermabrasion

*Appointment time - 30 mins*

£35

*Appointment time - 45 mins*

£45

Microdermabrasion is a cosmetic procedure that uses fine crystals and a vacuum to remove dead skin cells on the face. The aim is to reduce the effect of fine lines and minor skin blemishes. It works on all skin types and shouldn't cause any skin colour changes or scarring.

### Ultrasound

£40

*Appointment time - 30 mins*

DermaCo Pro is the most up to date treatment procedure in the UK. This Ultrasound treatment will stimulate the skin tissue increasing cell regeneration, collagen production and the removal of fine lines and wrinkles.

### Non Surgical Facelift

£60

*Appointment time - 60 mins*

Looking for firmer and tighter skin? Experience this next level treatment focusing on lifting the jowls, eye-lids and reduction of lines and wrinkles.

### Signaderma Facial

£80

*Appointment time - 75 mins*

The perfect blend of Microdermabrasion, Ultrasound, Non Surgical Facelifting, incorporating Thermotherapy and Cryotherapy and brightening LED light therapy. The finest non surgical advanced facial.

## HAIR LOSS & AESTHETIC SUITE

### Hair Loss / Thinning Therapy

Our resident expert in hair loss and thinning therapy, Ron Campbell, is available for complimentary, no obligation consultations throughout all Q Hair & Beauty salons. Results-driven, affordable services treating all hair types with access to Harley Street transplant surgeons without the need to travel to London to obtain the best possible planning and aftercare both pre and post-operation should this be the desired route. Treatment is available for both men & women of all ages, with service and treatments created bespoke for your needs and requirements. Ron can be contacted directly on **07905 460640** or through any Q salon.

### Aesthetics Suite with Dr. Daniel Quemby

Aesthetic treatments have become an ever growing popularity in a world where we all want to look and feel our best. Dr Quemby brings the level of professionalism, knowledge and training that we would expect and demand when delivering aesthetic treatments. Daniel is available for complimentary consultations through all Q Hair & Beauty salons.



# MEN'S GROOMING

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# MEN'S GROOMING

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**Men's Wet Shave - 45 mins** £22

Enjoy a full hot towel service to open pores and soften skin, full shave with 100% single-use disposable blades. Finish with a skin ph moisturiser and soothing lotion application, completed with Clarins after-shave cologne.

**Deep Cleansing Facial - 50 mins** £39.50

A deep cleansing, relaxing facial focusing on skin sensitivity, whilst relieving stress and fatigue.

**Express Facial - 20 mins** £27

For those on the go. Includes cleanse, exfoliate, facial mask and moisturise.

**Men's Reconditioning Back + Scalp Massage - 35 mins** £34

Stress, tension and anxiety melt away with this rejuvenating treatment; the back is cleansed and treated to a purifying mask. Followed by an intense back and neck massage.

**Full Body Muscle Massage - 50 mins** £36.50

This uplifting muscular targeted massage, relieves knots and tension leaving you feeling invigorated and energised.

**Stress Buster - 20 mins** £23

Relax with this back, neck and shoulder massage.

**Handsome Hands - 30 mins** £12.50

Includes nail tidy, cuticle work and massage.

**Feet for Fitness - 30 mins** £15.50

Feet are soaked, nails filed and cuticles tidied before a foot scrub is applied to exfoliate and aid the removal of hard skin.

## MEN'S WAXING

Back or Chest Wax - 45 mins £23

Back & Chest Wax - 1 hr £34

## COLOURING FOR MEN

**Flashback** £26

Blend away the grey or make a bold statement, your stylist can create a bespoke look just for you.

**Tailor-made High/Low Lights** £26

Customised high/low lights according to your preference and current style.

# INSTORE/ONLINE

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We are more than a hair and beauty salon, we boast one of the UK's largest salon retail areas. We only stock professional products and offer a no-quibble guarantee, if you don't like the product you bought, simply return it and exchange for any other product. Excluding electrical.

## Paul Mitchell - Moroccan Oil GHD - Clarins - Nioxin OPI - milk\_shake

### Gifts & Vouchers

Add a personal touch, arrange a spa day or collection of treatments for a loved one. We also have a selection of vouchers available to purchase online and print at home, great for those last-minute purchases.

### Training

Help train our next generation of creative stylists. Designer cutting and styling on a budget with a hairdresser in training. Fully supervised and guided from consultation to finish.

### Tiger Club

We offer a training session for school students aged between 14 and 16. We teach all aspects of hairdressing in a fun, working environment. We aim to train the students to a high standard with a view to offering a full-time apprenticeship when they reach school leaving age.

### Guest Events

We regularly hold guest evenings showcasing new products and services, the most popular being our Annual Christmas Gathering. Team members and product consultants are here to help with any specific hair and beauty needs. Listen out for our upcoming events. Leave your email to keep up to date. We NEVER pass it on.

## GUEST REWARDS

<b>TLC Thursday Loves Colour</b> -	<i>30% off colour with a cut and finish</i>
<b>Over 60s' Discount</b> -	<i>20% off every Friday</i>
<b>Student Discount</b> -	<i>20% off every Wednesday</i>
<b>Beauty Reward Points</b> -	<i>Earn 5 points per £1 spent on beauty services</i>
<b>Online Booking</b> -	<i>Earn 100 points when you book online</i>
<b>Re-Booking</b> -	<i>Earn 100 points when you book your next appointment at time of checkout</i>

# OPENING HOURS

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## CHICHESTER

Monday	9am - 6pm
Tuesday	9am - 6pm
Wednesday	9am - 6pm
Thursday	7:30am - 7:30pm
Friday	7:30am - 7:30pm
Saturday	7:30am - 5:15pm
Sunday	10am - 4pm

## MIDHURST

Monday	9am - 6pm
Tuesday	9am - 6pm
Wednesday	9am - 6pm
Thursday	9am - 6pm
Friday	9am - 6pm
Saturday	9am - 5:15pm
Sunday	CLOSED

## DONNINGTON

Monday	9am - 6pm
Tuesday	9am - 6pm
Wednesday	9am - 6pm
Thursday	9am - 6pm
Friday	9am - 6pm
Saturday	9am - 5:15pm
Sunday	CLOSED



## Chichester

37 North Street  
Chichester  
PO19 1LX

**01243 781585** or **01243 782489**  
or text: **07584 309409**



## Midhurst

7 West Street  
Midhurst  
GU29 9NQ

**01730 814141**



## Donnington

4 Stockbridge Place  
Donnington  
Chichester  
PO19 8QH

**01243 530696**



[chichester@qhairandbeauty.co.uk](mailto:chichester@qhairandbeauty.co.uk)  
[midhurst@qhairandbeauty.co.uk](mailto:midhurst@qhairandbeauty.co.uk)  
[donnington@qhairandbeauty.co.uk](mailto:donnington@qhairandbeauty.co.uk)  
[www.qhairandbeauty.co.uk](http://www.qhairandbeauty.co.uk)