



Q Hair & Beauty

established 1972

Treatment & Services Menu



Midhurst

7 West Street
Midhurst
GU29 9NQ

01730 814141



Chichester

37 North Street
Chichester
PO19 1LX

01243 781585 or 01243 782489



Donnington

4 Stockbridge Place
Donnington
PO19 8QH

01243 530696

hello@qhairandbeauty.co.uk

www.qhairandbeauty.co.uk

HAIR

	Creative Director	Senior Artistic Director	Artistic Director	Director	Senior Designer	Designer	Stylist	Graduate Stylist	Year 2 Student	Year 1 Student
Cut & Blow-dry	£80.50	£71.50	£67	£58	£51.50	£47	£41.50	£34	£23.50	£14.50
Ladies Cancellation / Teen (13 - 19)	£64.50	£57.50	£54	£46.50	£42	£38	£33.50	£25.50	-	-
Men's Cut & Finish	£52.50	£48	£43.50	£40	£37	£34.50	£30	£25	£14	-
Men's Cancellation / Teen (13 - 19)	£47	£43.50	£39	£35.50	£31.50	£30	£27.50	£24.50	-	-
Blow-dry	£48	£44.50	£40.50	£36.50	£32	£30.50	£28.50	£25	£13.50	£13.50
Full Head Highlights	£102.50	£100	£100	£100	£93.50	£93.50	£84.50	£81.50	£48.50	£38
Half Head Highlights	£75	£73.50	£73.50	£73.50	£69	£69	£62	£59.50	£48.50	£38
Semi Permanent Colour	£54	£53	£53	£53	£38	£38	£32.50	£31	£25.50	£20
Permanent Colour	£65	£63.50	£63.50	£63.50	£48	£48	£42	£40	£32	£27
Balayage 45 min (Including toner)	£120	£120	£120	£120	£110	£110	-	-	-	-
Balayage 60 min (Including toner)	£149.50	£149.50	£149.50	£149.50	£139.50	£139.50	-	-	-	-
Luxury Perming	£76.50	£76.50	£76.50	£76.50	£68.50	£68.50	£61.50	£59	£39.50	£35
Children 0-7yo / 8-12yo								£16/£20	£14/18	

ADDITIONAL SERVICES

Packet Collection (12 packets)	£24.50	K18 Stand Alone	£22.50
Additional Colour	£12.50	K18 Deluxe	£26.50
Toner	£19.50	Blow-dry or Braid Bar	£13.50

TREATMENTS

K18 Stand Alone	£22.50	Add-on Repair Treatment	£7
Lavender & Mint Mask	£7	Add-on Hydration Treatment	£7

SMOOTHING TREATMENTS

Short (Above shoulder)	£180
Medium (On shoulder)	£210
Long (Collarbone & below)	£255

BARBERING SERVICES

Men's Cut & Style	£17.50
Intertrim	£12.50
Flashback - Blend away the grey	£31

WEDDINGS AT Q

Bespoke service for wedding parties with packages tailored to your requirements. We offer hair and make-up services on location or based at any of our salons which include prosecco and pastries. We offer an on-location service where we can travel to a venue to take care of the bridal parties hair and make-up leaving you to relax on your special day, stress free. Contact us today via weddings@qhairandbeauty.co.uk

HAIR LOSS CLINIC

Hair Loss / Thinning Therapy
Our resident expert in hair loss and thinning therapy, Kain Lawrence, is available for consultations in our Chichester Salon. Affordable services with access to Harley Street transplant surgeons for both men & women with treatments tailored for your needs. For more information or to arrange a no obligation consultation email kain@qhairandbeauty.co.uk

SALON POLICIES

Appointment Cancellation and No Shows

We ask you to give 24 hours' notice for cancellations otherwise you will incur a 50% charge of the full appointment cost

Skin Tests

A valid skin test is required to be performed at least 48 hours prior to hair colouring, beauty tinting or eyelash lifting and must be repeated if that service is not performed within the previous 6 months or if any of the following apply since your last appointment: an itchy sensitive or damaged scalp, any other hair colour applied, a tattoo, henna, permanent makeup or an allergic reaction of any kind.

Consultations

Consultations must be carried out at least 48 hours prior to any colour service, perm or smoothing treatment. A £20 deposit will be taken for the consultation at the time of booking, which is redeemable against your service.

Safeguarding

Please note that children under the age of 16 must be accompanied by an adult for the duration of their visit to the salon.

CLARINS FACIAL TREATMENTS

- Please arrive at the salon 5 minutes prior to your appointment.
- All appointment times include a consultation and time for you to change.
- Please notify the salon prior to your appointment if you are pregnant or have a medical condition or injury and we can advise accordingly.
- The minimum age for all treatments is 16 years old.

Expert Facial - £73

Appointment time 1hr 30mins - Treatment time 1hr 10mins

Expert Facial & Massage - £85.50

Includes either a Scalp, Neck & Décolleté Massage, Hand & Foot Massage or Back Massage.

Appointment time 1hr 45mins - Treatment time 1hr 30mins

No matter your age, gender or skin type, our plant enriched formulas and personalised massage movements, mean that your skin will always be in the best hands. Our treatments aren't just designed to be relaxing, sensorial experiences, they're also designed to deliver long lasting and proven results for your skin.

At the heart of each treatment is a 25 minute facial massage. Our microcirculation and drainage techniques are what makes them so effective – helping to smooth and shape your skin, giving you that extra bit of sparkle.

Youth Expert

If you'd like your skin to feel a little firmer or look more radiant, this is the facial for you. Whether it's hormonal changes, pollution, stress or any other cause, after a thorough skin diagnosis, your therapist will tailor the treatment to your specific concerns and skin type. Leaving you firm and glowing.

Power Hydrator

Like a long drink for the skin, this feel-good treatment pampers dry, fragile skin types - relieving tightness, plumping out fine lines and restoring comfort, softness and radiance.

Anti-Blemish Rescue

This detoxifying, purifying treatment is perfect for oily or combination skin types. Impurities will be gently removed; shine will be reduced and pores will appear tightened. Leave with clear, refreshed and rebalanced skin.

Radiance Booster

This glowing treatment will hit refresh on tired, lackluster skin, delivering a double shot of radiance and hydration. Micro-circulation boosting massage and targeted products will work to create deliciously plump, luminous skin.

Skin Soother

Calm and soothe sensitive skin with this highly effective, nurturing treatment. You'll feel immediate comfort and see a reduction in redness and irritation. Your skin will be left strengthened and radiant.

CLARINS TREATMENTS

EXPERT BODY TREATMENTS

Appointment time - 1hr 30 mins - Treatment time - 1 hr 10 mins

Body Shaper - £70

In this treatment we combine draining and detoxifying massage with potent plant enriched products to enhance your silhouette. Like all of our treatments, we'll start with a comprehensive skin analysis so we can best tailor it to you and your body. From firming to tightening to brightening and rehydrating, we'll make sure you leave feeling your most confident.

Body Renew - £70

The wear of day to day life can be a lot for your body to take. This blissfully relaxing treatment will refresh your skin, bringing you, back to you. We start with a gentle exfoliation to detox and renew the skin, then add an indulgent layer of lotion to deliver deep hydration, ultimately enhancing not just your body, but also your mind.

WELLNESS TREATMENTS

Beauty Sleep - £73.50

Appointment time - 1hr 30m - Treatment Time - 1hr 15m

It's called beauty sleep for a reason. Because a lack of sleep can really take its toll on your skin. But don't panic, using specially selected products and gentle massage movements, we'll relax you from head to toe. By inducing a meditative state, you'll be simultaneously aware of every touch, whilst also in a dreamlike, zen space of relaxation. Which is proven to increase your sleep quality. Expect immediate beauty results and long-term wellbeing benefits. Skin is soothed, radiant and refreshed, whilst stress is diminished.

We
love
this!

Energy Booster - £73.50

Appointment time - 1hr 30m - Treatment Time - 1hr 15m

This vitality-boosting, mood-enhancing treatment uses energising massage movements and optimised pressure to sweep away stress and help rebalance body and mind. After, your skin will look radiant and your body will feel recalibrated.

Ultra Relaxing Facial - £69.50

Appointment time - 1hr 15 mins - Treatment Time - 1hr

This facial aims to soothe the mind and rebalance the skin. By combining guided breathing exercises, our deeply relaxing Ayuroma Touch massage and calming essential oils, you'll be able to completely disconnect from the stresses of modern life and worries of the outside world. Your mind will be rebalanced and refocused and the tension in your skin will disappear.

CLARINS BODY MESSAGES

Clarins massages involve highly precise movements carried out by expert hands. This is combined with the effective action of exclusive skin care products which use the exceptional aromatic and physiotherapeutic powers of essential oils. For an unforgettable experience that brings pleasure to all the senses.

Rebalancing Massage - £60

Appointment Time - 1 hr 30 mins - Treatment Time - 1 hr 10 mins

Relax your body, restore your energy and ease muscle tension with this result driven treatment. Our skilled therapists will adapt their pressure to your preference and needs. Choose between 'Tonic' Oil to help stimulate the body and mind or 'Relax' Oil to invoke a feeling of absolute calm.

Hot Stone Full Body Massage - £60

Appointment time - 1hr - Treatment Time - 50 mins

Warm stones help relieve tension, fight fatigue and deliver an all round wellbeing boost. Combined with our expert massage and blissful aroma therapeutic oils, you can expect total body relaxation.

We
love
this!

Tension Relieving Massage - £54.50

Appointment time - 1hr - Treatment Time - 50 mins

Whether you've pushed yourself at the gym or had a hectic work week, this intensely therapeutic massage will ease tense shoulders, back knots and aches. Aromatic essential oils supercharge the stress-relieving benefits, restoring your sense of wellbeing.

CLARINS MAKE-UP

Make-Up To Go

Appointment time - 30 minutes - £45

A light touch of colour by our Clarins Therapists. A perfect quick fix for a natural soft look.

EAR PIERCING

Appointment Time - 30 mins - £32.50

Lobe piercing only in sterling silver, 9 carat gold or titanium. (Includes after piercing lotion to take home.)

REGENERATIVE BEAUTY

Express Microdermabrasion - £38.50

Appointment time - 30 mins - Treatment time - 20 mins

Glycolic Peel - £65.50

Appointment time - 60 mins - Treatment time - 50 mins

Non Surgical Eye - £48

Appointment time - 45 mins - Treatment time - 35 mins

Ultimate Facial 60 - £65.50

Appointment time 60 mins - Treatment Time - 50 mins

Ultimate Facial 90 - £86

Appointment time 90 mins - Treatment Time - 80 mins

Ultimate Facial 60 Package (7 for the price of 6) - £393

7 Appointments of 60 mins each - Treatment Time - 50 mins

Ultimate Facial 90 Package (7 for the price of 6) - £534

Appointments of 90 mins each - Treatment Time - 80 mins

Microdermabrasion

Using fine crystals and a small facial vacuum we remove the dead skin cells from the face to reduce fine lines and blemishes.

Non Surgical Face Lift

A next level treatment that focuses on lifting the jowls and eye lids as well as reducing lines and wrinkles leaving skin firmer and tighter.

Ultrasound

Ultrasound treatment stimulates the skin tissue increasing cell regeneration, collagen production and reduces lines and wrinkles.

Non Surgical Eye

A small electrical microcurrent is used to stimulate and reposition the muscles around the eye to lift, firm and tighten the area.

AESTHETICS SUITE

Aesthetics Suite with Dr. Daniel Quemby

Aesthetic treatments including anti-wrinkle injections and fillers delivered with the highest level of professionalism, knowledge and training.

Daniel is available for consultations in the Chichester Salon.

For more information or to arrange an appointment email

aesthetics@qhairandbeauty.co.uk

SIGNATURE TREATMENTS

	Therapist	Principal Therapist		Therapist	Principal Therapist
FACE			MASSAGE		
Express Facial <i>Appointment time - 30 mins</i> <i>Treatment Time - 20 mins</i> Includes cleanse, exfoliate, facial mask and moisturise.	£34.50	£36.50	Classic Back, Neck and Shoulder Massage <i>Appointment time - 30 mins</i> <i>Treatment Time - 20 mins</i> Focusing on the build up of stress and muscle tension in all areas around the neck, shoulders & across the back.	£29.50	£31
Classic Facial <i>Appointment time - 1hr</i> <i>Treatment Time - 50 mins</i> A modern take on a classic, designed to elevate skin.	£51	£53.50	Extended Back, Neck and Shoulder Massage <i>Appointment time - 45 mins</i> <i>Treatment Time 35 mins</i> Focusing on the build up of stress and muscle tension in all areas around the neck, shoulders & across the back.	£39	£41.50
Extended Facial <i>Appointment time - 1 hr 30 min</i> <i>Treatment Time - 1 hr 20 mins</i> Includes full classic facial with a 30-min back massage.	£66	£69.50	Hot Stone Back, Neck and Shoulder Massage <i>Appointment time - 45 mins</i> <i>Treatment Time 35 mins</i> Combining the touch and heat of the stone to generate a feeling of warmth, muscles are relaxed and rejuvenated.	£39	£41.50
BODY			Full Body Massage <i>Appointment time - 1hr</i> <i>Treatment Time - 50 mins</i> A lipidic and rhythmic massage to relieve knots and tension leaving you feeling invigorated from head to toe.	£50	£52.50
Reflexology <i>Appointment time - 1hr</i> <i>Treatment Time - 50 mins</i> A massage to treat the reflex points in the feet and balance energy levels within the body.		£49	Indian Head Massage <i>Appointment time - 30 mins</i> <i>Treatment Time - 20 mins</i> Ideal for the relief of tension, headaches, insomnia and promoting relaxation.	£29	£31.50
WAXING			FOR YOUR HANDS		
Our waxing system is clean, hygienic and effective with the use of disposable applicators.			Reshape & paint	£22	£24
Full leg	£35	£37	Gel reshape & paint	£39	£41
Full leg with bikini	£39	£41	Manicure	£32	£34
¾ leg	£29	£31	Gel manicure	£47	£49
Half leg	£22	£24	Gel removals	£10	£12
Half leg and bikini	£26	£28	Men's handsome hands	£17	£19
Bikini line	£16	£18	Gel Extensions	£51	£53
Underarm	£15	£17	Gel Extension Infills	£31	£33
Lip or chin	£15	£17			
Lip and chin	£17	£19			
Brazilian	£29	£32			
Hollywood	£35	£37			
Forearm	£17	£19			
Full arm	£20	£22			
Extended bikini	£19	£21			
Men's back & chest	£40	£43			
Men's back or chest	£28	£31			
Nasal waxing	£14	£16			
FOR YOUR EYES			FOR YOUR FEET		
Eyebrow shape	£16	£17	Reshape & paint	£22	£24
Eyebrow tint	£14	£15	Gel reshape & paint	£39	£41
Eyelash tint	£18	£19	Pedicure	£32	£34
Eyebrow shape & tint	£21	£22	Gel pedicure	£48	£50
Eyebrow & eyelash tint	£26	£27	Gel removals	£10	£12
Eyelash lift & tint	£50	£52	Men's feet for fitness	£22	£24

BEAUTY ACADEMY

Help to train the next generation of beauty therapists.

FACIALS

Express Facial <i>Appointment time - 30 mins</i> <i>Treatment Time - 20 mins</i> Includes cleanse, exfoliate, facial mask and moisturise.	£17.25
Classic Facial <i>Appointment time - 1hr</i> <i>Treatment Time - 50 mins</i> A modern take on a classic, designed to elevate skin.	£25.50
Extended Facial <i>Appointment time - 1 hr 30 mins</i> <i>Treatment Time - 1 hr 20 mins</i> Includes full classic facial with a 30-min back massage.	£33

MASSAGE

Classic Back, Neck and Shoulder Massage <i>Appointment time - 30 mins</i> <i>Treatment Time - 20 mins</i> Focusing on the build up of stress and muscle tension in all areas around the neck, shoulders & across the back.	£14.75
Extended Back, Neck and Shoulder Massage <i>Appointment time - 45 mins</i> <i>Treatment Time 35 mins</i> Focusing on the build up of stress and muscle tension in all areas around the neck, shoulders & across the back.	£19.50
Hot Stone Back, Neck and Shoulder Massage <i>Appointment time - 45 mins</i> <i>Treatment Time 35 mins</i> Combining the touch and heat of the stone to generate a feeling of warmth, muscles are relaxed and rejuvenated.	£19.50
Full Body Massage <i>Appointment time - 1hr</i> <i>Treatment Time - 50 mins</i> A lipidic and rhythmic massage to relieve knots and tension leaving you feeling invigorated from head to toe.	£25
Indian Head Massage <i>Appointment time - 30 mins</i> <i>Treatment Time - 20 mins</i> Ideal for the relief of tension, headaches, insomnia and promoting relaxation.	£14.50

As our beauty apprentices progress through their qualification, they are then able to offer services throughout the week in all salons, unsupervised. Our reservations team are able to assist with all enquiries, thank you for supporting the next generation of beauty professionals with us.

The Beauty Academy is available in the Chichester Salon every Wednesday. Our apprentices are fully supervised by our in-house educator during treatments and services to ensure professional quality whilst maintaining a relaxing environment.

WAXING

Full leg	£17.50
Full leg with bikini	£19.50
¾ leg	£14.50
Half leg	£11
Half leg and bikini	£13
Bikini line	£8
Underarm	£7.50
Lip or chin	£7.50
Lip and chin	£8.50
Brazilian	£14.50
Hollywood	£17.50
Forearm	£8.50
Full arm	£10
Extended bikini	£9.50
Men's back & chest	£20
Men's back or chest	£14
Nasal waxing	£7

FOR YOUR EYES

Eyebrow shape	£8
Eyebrow tint	£7
Eyelash tint	£9
Eyebrow shape & tint	£10.50
Eyebrow & eyelash tint	£13
Eyelash lift & tint	£25

FOR YOUR HANDS

Reshape & paint	£11
Gel reshape & paint	£19.50
Manicure	£16
Gel manicure	£23.50
Gel removals	£5
Men's handsome hands	£8.50
Gel Extensions	£25.50
Gel Extension Infills	£15.50

FOR YOUR FEET

Reshape & paint	£11
Gel reshape & paint	£19.50
Pedicure	£16
Gel pedicure	£24
Gel removals	£5
Men's feet for fitness	£11